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Beavers My Skills Challenge Award

Overview & Timings

There are **eight** main tasks the children need to carry out to complete the 'My Skills Challenge Award Badge' for Beavers. Below I have outlined roughly what I have created for your children to gain this badge.

IMPORTANT- When printing the materials for this badge if you are unable to print in colour make sure the option for your printer is set to **GREYSCALE**. This can be found in the 'Print Dialog Box'. If you don't do this you may not see the pictures clearly.

Task 1 Show A New Beaver How To Play A Game You Know And Like

For this part of the badge each child in the group will show the rest of the group how to play a quick game.

File name: 01-Show Game

Task 2A Take Part In Three Activities On How To Keep Your Body Fit And Healthy

TEETH - For this part of the badge the children will do a quick fun activity that will show them what good and bad foods they should eat for healthy teeth.

File name: 02A-TEETH

Task 2B Take Part In Three Activities On How To Keep Your Body Fit And Healthy

FOOD Activity 1 - For this part of the badge the children will do a fun activity where they can learn about different types of foods and how much of it they should be eating.

File name: 02B-1-FOOD-Filling Your Plate

FOOD Activity 2 - For this part of the badge the children will do a fun activity where they can learn a healthy choice of what to put in their lunchbox.

File name: 02B-2-FOOD-Filling Your Lunchbox

FOOD Activity 3 - For this activity I have given you pictures of fun things that the children can make with healthy foods.

File name: 02B-3-FOOD-Fun Food

- Task 2C** **Take Part In Three Activities On How To Keep Your Body Fit And Healthy**
- EXERCISE Activity 1** - This activity will give the children some new ideas on how to exercise.
- File name:** 02C-1-EXERCISE - My Exercise
- EXERCISE Activity 2** - To finish off the exercise part of this badge the children will play some fun 5 minute fitness games.
- File name:** 02C-2-EXERCISE - Fitness Games
- Task 3A** **Do Two Creative Activities**
- Activity 1** – ‘Magazine Strip Silhouette’ - For this creative activity the children will split into teams to make a flag with an emblem that represents their team. To make the emblem stand out, they will use an art technique called the “Magazine Strip Silhouette”.
- File name:** 03A-Creative ONE - Mag Strip Silotte
- Task 3B** **Do Two Creative Activities**
- Activity 2** – ‘Marble Runs’ - For the second creative activity, in teams the children will be given a pile of materials that will help them create their own ‘Magnificent Marble Runs’.
- File name:** 03B-Creative TWO - Marble Run
- Task 4** **Learn A New Song And Sing It**
- For this task Beavers will learn a song as they go on a quest to help a dog named Brownie. Brownie faces three different challenges and the beavers will help him conquer the odds through a motivational song.
- File name:** 04-Learning a New Song
- Task 5** **Learn And Use At Least Three Skills**
- For this task the children will take home their ‘Home Skills Form’ and carry out the skills set by you. They will get each one signed by a parent/guardian.
- File name:** 05-My Skills
- Task 6** **Invent A Machine And Show Other Beavers How It Works**
- For this activity the children will work in teams to ‘invent’ a machine or toy.
- File name:** 06-Invent Machine
- Task 7** **With A Team, Complete At Least Two Problem - Solving Missions Set By Your Leader**
- A kid named Vic left his Book of Clothings at the library. Without it, Vic won’t be able to wear appropriate clothes. For this task the children will be

given two missions one to get through to the library to retrieve Vic's book and the second to retrieve the correct clothing for Vic to wear.

File name: 07-Mission Library

Task 8 Go Somewhere New. Then Find Out Five Facts About Something New

For this task the children will write about a new place that they have visited.

File name: 08-New Place

Order Of Events

NOTE: Perform the tasks in this order. These timings are based on a meeting of about 1 hour and takes into account your opening and closing ceremonies.

Week 1

Task 1	Showing games	Allow 15 minutes each week
Task 2A	Teeth	Allow 20 minutes
Task 2B-1	Filling your plate	Allow 20 minutes

Week 2

Task 2B-2	Filling your lunchbox	Allow 10 minutes
Task 2B-3	Fun with Food	Allow 20 minutes
Task 2C-1	Exercise I take part in	Allow 20 minutes

Week 3

Task 2C-2	Five minute fitness games	Allow 30 minutes
Task 3A	Magazine Strip Silhouette	Allow 30 minutes

Week 4

Task 3A	Marble Runs	Allow 35 minutes
Task 4	Learning a New Song (you may need to move this to the following week)	Allow 30 minutes

Week 5

Task 5	Home skills explanation	Allow 5 minutes
Task 6	Inventors	Allow 50 minutes

Week 6

Task 7	Missions	Allow 35 minutes
Task 8	New place explanation	Allow 5 minutes